



1 Corinthians 10:23

All things are lawful for me,
But

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“All things are **lawful** for me, but not all things are **helpful**; all things are **lawful** for me, but not all things **build up**”

1 Corinthians 6:12

“All things are **lawful** for me, but not all things are **helpful**; all things are **lawful** for me, **BUT I WILL NOT BE BROUGHT UNDER the POWER of ANY**”

1 Corinthians 10:23 - Rule of Thumb

However: The application of this must be limited by: (limits of liberty):

1. The effect which each action has on us individually.
2. The effect and influence on others or the Church at large.

Does it help my own spiritual life and benefit?

Does it help build up others?

Background - Then and Now

St Paul was not just a preacher, but a practical one who would solve small details also.

- Idolatry was part of daily life.
- Animal food served was slaughtered as sacrifices for idols.

- What was a Christian to do in such a case?
- Can I eat what is offered to idols?
- Can I participate in religious festivals, or idolatrous worship?

1 Corinthians 8:13

“Therefore, if what I eat causes my brother or sister to fall into sin, I will never eat meat again, so that I will not cause them to fall.”

1 Corinthians 10:31

“So whether you eat or drink or whatever you do, do it all for the glory of God.”

Principles - as Christians

- Don't be the cause of fall for others, or a stumbling block.
- We are to live to the glory of God.
- Think of others also.

Glory be to God forever